



2024 PANAMA SAILING LEAGUE

Act #1

Organizing Authority: Sea Masters Academy Panama (SMAP) / Club Sea Masters Sailing

Saturday, March 16, 2024

Club de Yates Y Pesca de Panamá, Rep. of Panama

Notice of Race / Sailing Instructions

1. Rules

- 1.1. The regatta will be governed by the rules as defined in The Racing Rules of Sailing (RRS)
- 1.2. In the event of a conflict between the SIs for each event/act and the NOR, the terms of the SIs shall prevail.
- 1.3. RRS Rule 40 is changed as follows: Competitors shall wear personal flotation devices while on the water, except for brief periods while changing or adjusting clothing.
- 1.4. Appendix V Rule V1 (PENALTY AT THE TIME OF AN INCIDENT) shall apply: The first two sentences of Rule 44.1 are changed to: A boat may take a One-Turn Penalty when she may have broken a rule of Part 2 or Rule 31 while racing. However, when she may have broken a rule of Part 2 while in the zone around a mark other than a starting mark, her penalty shall be a Two-Turns Penalty.
- 1.5. Appendix V Rule V2 (PENALTY TAKEN AFTER A RACE) shall apply.

2. Eligibility and Entry

- 2.1. The regatta is open to all RS QUEST dinghy sailors in the Republic of Panama

3. Registration and Fees

- 3.1. Registration must be done via WhatsApp - SMAP Club chat group or via direct contact with Guillermo Gasperi 6607-2941
- 3.2. NO Entry fees for SMAP member Skipper

3.3. Entry fee for *Non-SMAP member Skipper* is :\$25

3.4. Boat charter fee per Team is : \$150

4. Notice To Competitors

4.1. The official online notice board is located at seamasterspty.com/psl

4.2. Updates may be posted at the SMAP race office, but not guaranteed.

5. Changes to Sailing Instructions

5.1. Any changes to the sailing instructions on the day of racing will be posted after the skipper's meeting

5.2. Changes may be implemented on-the-water by hailing competitors to the signal boat for instructions.

5.3. Any changes to the racing schedule will be posted by 8pm the night before the day of the change

6. Signals Made Ashore

6.1. Signals made ashore will be displayed at bulletin board on SMAP office and/or the flagpole at SMAP venue

6.2. When AP is displayed ashore, "1 minute" is replaced with "not less than 15 minutes" in Race Signal AP. This changes Rule Race Signal AP.

7. Schedule of Races

7.1. A maximum of 6 races are scheduled the day.

7.2. preliminary schedule

DATE	TIME	
Saturday, March 16, 2024	10:30	Check-In at SMAP race office at CLUB DE YATES
	10:45	Skippers Briefing
	11:15	Boat launch
	12:45	First Warning signal
	17:00	No Race to start after 1700
	18:00	Socials at the Clubhouse

8. Racing Area

8.1. The racing area will be in the waters in front of the JW Marriott Panama and East Island of Ocean Reef Islands, the starting/finish line will be east of East Island.

9. Courses and Roundings

9.1. The courses are depicted in Attachment A.

9.2. Courses to be sailed will be a combination of reaching courses and windward/leeward courses.

9.3. Roundings are described in Attachment A

10. Marks

10.1. Windward, leeward and reaching mark shall be yellow inflatable.

10.2. Pin mark will be orange mark

11. Class/Fleet Flags

11.1. Class/Fleet flags and assignments are as follows:

11.1.1. RS Quest: RS Quest flag



12. The Start

12.1. The start/finish line will be between an orange flag on the race committee signal vessel and an inflatable orange start/finish mark

12.2. A boat starting later than 4 minutes after her starting signal will be scored Did Not Start without a hearing. This changes Rule A4.

12.3. Races will be started using RRS Rule 26 - Five minute starting sequence.



RRS 26 Starting Sequence (without starting penalties)

TIME BEFOR START SIGNAL	SOUND SIGNAL	FLAG
Warning 5 minutes	one short blast	↑ Class flag
Preparatory 4 minutes	one short blast	↑  P flag
1 minute	one LONG blast	↓  P flag
Start - 0 minutes	one short blast	↓ Class flag

13. Recalls

- 13.1. The race committee will endeavor to identify recalled boats by hailing their sail numbers by loud hailer.
- 13.2. Failure of a boat to hear her recall notification and the order and timing of such hail shall not be grounds for redress.

14. The Finish

- 14.1. The start/finish line will be between an orange flag on the race committee signal vessel and an inflatable orange start/finish mark

15. Time Limits

- 15.1. The target time for the first boat to sail the course and finish is 20 minutes.
- 15.2. If the first boat fails to reach the first mark within 15 min, the race shall be abandoned.
- 15.3. Boats failing to finish within 10 minutes after the first boat in the fleet that sails the course and finishes will be scored DNF without a hearing. This changes RRS 35.

16. Scoring

- 16.1. One race completed will be considered a regatta.
- 16.2. A boat's series score will be the total of her race scores. No scores will be excluded.

- 16.3. The boat with the lowest series score wins and others shall be ranked accordingly. This is the Low Point System.
- 16.4. A boat that did not start, did not sail the course, did not finish, retired or was disqualified shall be scored points for the finishing place one more than the number of boats entered in the series. Appendix A.
- 16.5. A boat that did not come to the starting area, did not compete, shall be scored points for the finishing place one more than the number of boats entered in the series.

17. Safety

- 17.1. Boats shall check in at the committee signal boat and receive acknowledgment prior to their first race of the day.
- 17.2. A boat that retires from a race shall notify the race committee as soon as possible.

18. Insurance

- 18.1. Each participating boat shall be insured with valid third-party liability insurance.

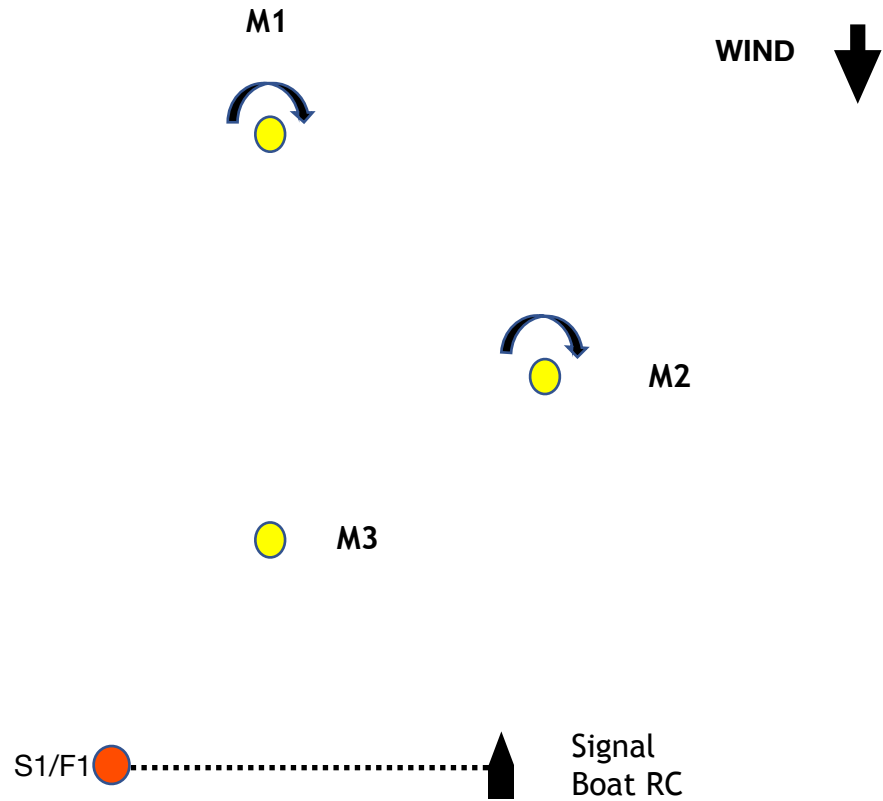
19. Disclaimer of Liability & Risk Statement

- 19.1. Competitors participate in the regatta entirely at their own risk. See RRS Rule 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.
- 19.2. RRS Rule 3 states: 'The responsibility for a boat's decision to participate in a race or to continue to race is hers alone.' By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury. Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia or other causes.
10.2
- 19.3. Competitors voluntarily assume the risks associated with communicable diseases including, but not limited to, COVID-19.

20. Event Officials

20.1. Guillermo Gasperi, PRO and Safety Officer, info@seamasterspty.com , +507-6607-241

Attachment A - Course Layout A



Mark	Description
M1	Yellow inflatable -
M2	Yellow inflatable -
M3	Yellow inflatable -
S1/F1	Orange Inflatable - Pin end start/finish line
(p)	Port rounding
(s)	Starboard rounding
Course	Roundings
1	S/F - M1(s) - M2(s) - M3(p) - S/F
2	S/F - M1(s) - M2(s) - M3(s) - M1(s) - S/F