



2023 Panama International Regatta

Organizing Authority: Sea Masters Academy Panama (SMAP)

February 4 - 5, 2023

Club de Yates Y Pesca de Panamá

Sailing Instructions

1. Rules

- 1.1. The regatta will be governed by the rules as defined in The Racing Rules of Sailing (RRS)
- 1.2. RRS Rule 40 is changed as follows: Competitors shall wear personal flotation devices while on the water, except for brief periods while changing or adjusting clothing.
- 1.3. Appendix V Rule V1 (PENALTY AT THE TIME OF AN INCIDENT) shall apply: The first two sentences of Rule 44.1 are changed to: A boat may take a One-Turn Penalty when she may have broken a rule of Part 2 or Rule 31 while racing. However, when she may have broken a rule of Part 2 while in the zone around a mark other than a starting mark, her penalty shall be a Two-Turns Penalty.
- 1.4. Appendix V Rule V2 (PENALTY TAKEN AFTER A RACE) shall apply.

2. Notice To Competitors

- 2.1. The official online notice board is located at seamasterspty.com/pir
- 2.2. Updates may be posted at the SMAP race office tent as a courtesy, but not guaranteed.
- 2.3. The race office tent is located at the back of the Clubhouse

3. Changes to Sailing Instructions

- 3.1. Any changes to the sailing instructions on the first day of racing will be posted after the skipper's meeting
- 3.2. Changes may be implemented on-the-water by hailing competitors to the signal boat for instructions.
- 3.3. Any changes to the racing schedule will be posted by 8pm the night before the day of the change

4. Signals Made Ashore

4.1. Signals made ashore will be displayed at the SMAP Race tent at Club de Yates Y Pesca

4.2. When AP is displayed ashore, "1 minute" is replaced with "not less than 15 minutes" in Race Signal AP. This changes Rule Race Signal AP.

5. Schedule of Races

5.1. A maximum of 4 races are scheduled for each day.

5.2. preliminary schedule

DATE	TIME	
Saturday, Feb. 4, 2023	9:30	Check-In at SMAP race office tent - CYP Clubhouse
	10:30	Skippers Briefing
	12:00	Boat launch
	13:00	First Warning signal
	16:00	No Race to start after 16:00
	17:00 - 19:00	Buffet / Open Bar / Social
Sunday, Feb. 5, 2023	10:30	Check-In at race office tent - CYP Clubhouse
	11:30	Skippers Briefing
	12:45	Boat launch
	13:30	First Warning signal
	16:30	No Race to start after 16:30
	17:30 - 19:30	Buffet / Open Bar / Social

6. Racing Area

6.1. The racing area will be in the waters southeast of Club de Yates y Pesca, Bay of Panamá, approximately 1.10 nautical miles on a 146° bearing.

7. Courses and Roundings

- 7.1. The courses are depicted in Attachment A.
- 7.2. Courses to be sailed will be windward/leeward with leeward finish with starboard rounding.
- 7.3. All roundings are to port unless there is gate.

8. Marks

- 8.1. Windward mark shall be yellow inflatable.
- 8.2. Leeward gates shall be orange inflatable marks.
- 8.3. If only one gate mark is set, boats shall leave the single mark to **port**.

9. Class/Fleet Flags

- 9.1. Class/Fleet flags and assignments are as follows:

- 9.1.1. Optimist: Optimist Class flag



- 9.1.2. RS Quest: RS Quest flag



10. The Start

- 10.1. The start/finish line will be between an orange flag on the race committee signal vessel and an orange flag on the pin boat. However when a pin boat is not available, there will be an inflatable yellow start/finish mark
- 10.2. A boat starting later than 4 minutes after her starting signal will be scored Did Not Start without a hearing. This changes Rule A4.
- 10.3. Races will be started using RRS Rule 26 - Five minute starting sequence.



RRS 26 Starting Sequence (without starting penalties)

TIME BEFORE START SIGNAL	SOUND SIGNAL	FLAG
Warning 5 minutes	one short blast	↑ Class flag
Preparatory 4 minutes	one short blast	↑  P flag
1 minute	one LONG blast	↓  P flag
Start - 0 minutes	one short blast	↓ Class flag

11. Recalls

- 11.1. The race committee will endeavor to identify recalled boats by hailing their sail numbers by loud hailer.
- 11.2. Failure of a boat to hear her recall notification and the order and timing of such hail shall not be grounds for redress.

12. The Finish

- 12.1. The start/finish line will be between an orange flag on the race committee signal vessel and an orange flag on the pin boat. However when a pin boat is not available, there will be an inflatable yellow start/finish mark

13. Time Limits

- 13.1. The target time for the first boat to sail the course and finish is 20 minutes.
- 13.2. Boats failing to finish within 10 minutes after the first boat in the fleet that sails the course and finishes will be scored DNF without a hearing. This changes RRS 35.

14. Scoring

- 14.1. One race completed will be considered a regatta.
- 14.2. A boat's series score will be the total of her race scores. No scores will be excluded.

- 14.3. The boat with the lowest series score wins and others shall be ranked accordingly. This is the Low Point System.
- 14.4. A boat that did not start, did not sail the course, did not finish, retired or was disqualified shall be scored points for the finishing place one more than the number of boats entered in the series.

15. Safety

- 15.1. Boats shall check in at the committee signal boat and receive acknowledgment prior to their first race of the day.
- 15.2. A boat that retires from a race shall notify the race committee as soon as possible.

16. Insurance

- 16.1. Each participating boat shall be insured with valid third-party liability insurance.

17. Prizes

- 17.1. Prizes will be awarded to the first and second place of each fleet. A minimum of 3 boats is required to be considered a fleet.

18. Disclaimer of Liability & Risk Statement

- 18.1. Competitors participate in the regatta entirely at their own risk. See RRS Rule 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.
- 18.2. RRS Rule 3 states: 'The responsibility for a boat's decision to participate in a race or to continue to race is hers alone.' By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury. Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma,

hypothermia or other causes.

10.2

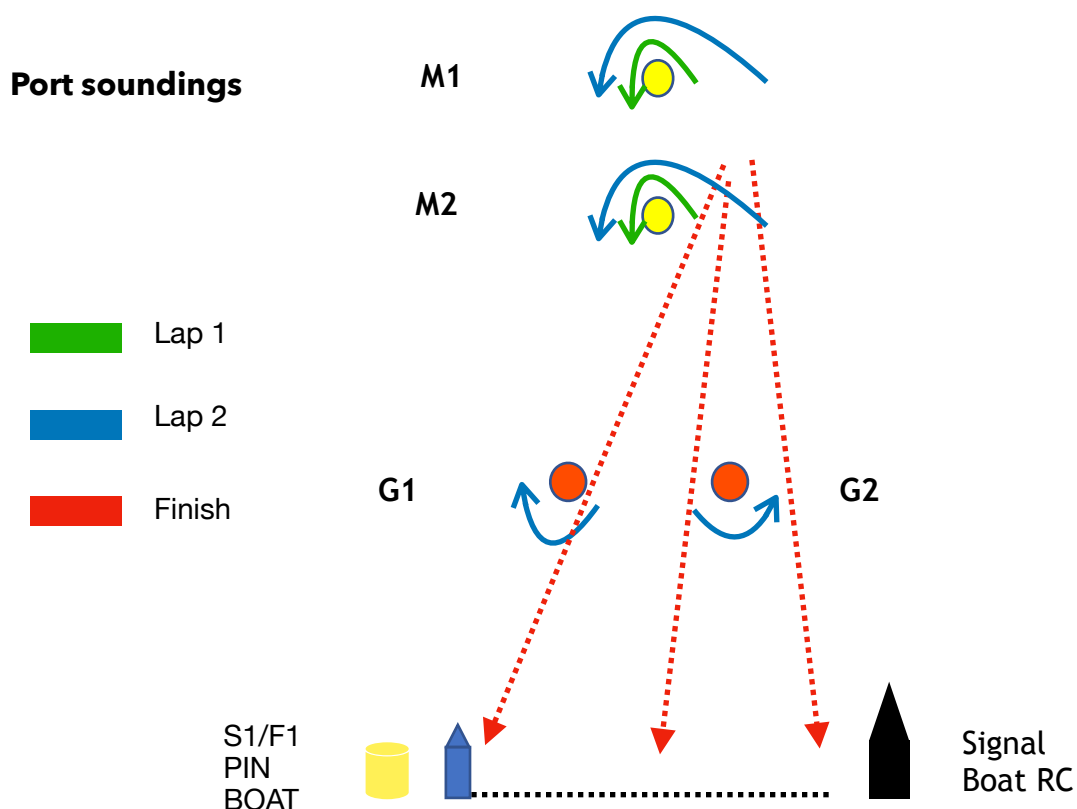
- 18.3. Competitors voluntarily assume the risks associated with communicable diseases including, but not limited to, COVID-19.

19. Event Officials

19.1. Guillermo Gasperi, DPRO and Safety Officer, info@seamasterspty.com , +507-6607-241

19.2. Ian McClelland, PRO, ian.m.mcclelland2013@gmail.com , +507 6829-3704

Attachment A - Course Layout



Mark	Description
M1	Yellow inflatable - Windward LONG Course - RS QUEST
M2	Yellow inflatable - Windward SHORT Course - Optimist
G1	Orange inflatable - Leeward gate
G2	Orange inflatable - Leeward gat
S1/F1	Yellow Inflatable or Pin boat - Pin end start/finish line
Course	Roundings
1.1	S/F - M1 - S/F
1.2	S/F - M1 - G1/G2 - M1 - S/F
2.1	S/F - M2 - S/F
2.2	S/F - M2 - G1/G2 - M1 - S/F