



2024 Panama International Regatta

Organizing Authority: Sea Masters Academy Panama (SMAP)

January 26 - 28, 2024

Club de Yates Y Pesca de Panamá

Sailing Instructions

1. Rules

- 1.1. The regatta will be governed by the rules as defined in The Racing Rules of Sailing (RRS)
- 1.2. RRS Rule 40 is changed as follows: Competitors shall wear personal flotation devices while on the water, except for brief periods while changing or adjusting clothing.
- 1.3. Appendix V Rule V1 (PENALTY AT THE TIME OF AN INCIDENT) shall apply: The first two sentences of Rule 44.1 are changed to: A boat may take a One-Turn Penalty when she may have broken a rule of Part 2 or Rule 31 while racing. However, when she may have broken a rule of Part 2 while in the zone around a mark other than a starting mark, her penalty shall be a Two-Turns Penalty.
- 1.4. Appendix V Rule V2 (PENALTY TAKEN AFTER A RACE) shall apply.

2. Notice To Competitors

- 2.1. The official online notice board is located at seamasterspty.com/pir
- 2.2. Updates may be posted at the SMAP race office tent as a courtesy, but not guaranteed.
- 2.3. The race office tent is located at the back of the Clubhouse

3. Changes to Sailing Instructions

- 3.1. Any changes to the sailing instructions on the first day of racing will be posted after the skipper's meeting
- 3.2. Changes may be implemented on-the-water by hailing competitors to the signal boat for instructions.

3.3. Any changes to the racing schedule will be posted by 8pm the night before the day of the change

4. Signals Made Ashore

4.1. Signals made ashore will be displayed at the SMAP Race tent at Club de Yates Y Pesca

4.2. When AP is displayed ashore, "1 minute" is replaced with "not less than 15 minutes" in Race Signal AP. This changes Rule Race Signal AP.

5. Schedule of Races

5.1. A maximum of 8 races are scheduled for Saturday and a maximum of 6 for Sunday. The Race Committee will target a 12-race series and sail an additional 2 races if conditions permit.

5.2. preliminary schedule

DATE	TIME	Description
Friday Jan. 26, 2024	1400 -1800	Registration at the regatta village CYP - <i>Club de Yates Y Pesca</i> - <i>SMAP warehouse</i>
	1530	Competitors' meeting (competitor's only)
	1545	Boat launch
	1630	First Warning signal - Practice Race
	1800	Regatta Opening happy hour
Saturday Jan. 27, 2024	1030	Check-in at the regatta village CYP - <i>Club de Yates Y Pesca</i> - <i>SMAP tent</i>
	1102	<i>*low tide</i>
	1200	Competitors' meeting
	1330	Boat launch
	1430	First Warning signal
	1700	No race start after this time
	Post Race	Open buffet and happy hour
Sunday Jan. 28, 2024	1137	<i>*low tide</i>

	1230	Competitors' meeting
	1400	Boat launch
	1430	First Warning signal
	1700	No race start after this time
	Post Race	Open buffet and happy hour

6. Racing Area

6.1. Racing will be on Bahía de Panamá in front of Club de Yates Y Pesca de Panamá.

7. Courses and Roundings

7.1. The courses are depicted in Attachment A.

7.2. Courses to be sailed will be a combination of reaching courses and windward/leeward courses.

7.3. Roundings are described in Attachment A.

8. Marks

8.1. Windward, leeward and reaching mark shall be yellow inflatable.

8.2. Pin mark will be orange mark

9. Class/Fleet Flags

9.1. Class/Fleet flags and assignments are as follows:

9.1.1. Optimist: Optimist Class flag



9.1.2. RS Quest: RS Quest flag



10. The Start

- 10.1. The start/finish line will be between an orange flag on the race committee signal vessel and an orange flag on the pin boat. However when a pin boat is not available, there will be an inflatable orange start/finish mark
- 10.2. A boat starting later than 4 minutes after her starting signal will be scored Did Not Start without a hearing. This changes Rule A4.
- 10.3. Races will be started using RRS Rule 26 - Five minute starting sequence.



RRS 26 Starting Sequence (without starting penalties)

TIME BEFOR START SIGNAL	SOUND SIGNAL	FLAG
Warning 5 minutes	one short blast	↑ Class flag
Preparatory 4 minutes	one short blast	↑  P flag
1 minute	one LONG blast	↓  P flag
Start - 0 minutes	one short blast	↓ Class flag

11. Recalls

- 11.1. The race committee will endeavor to identify recalled boats by hailing their sail numbers by loud hailer.
- 11.2. Failure of a boat to hear her recall notification and the order and timing of such hail shall not be grounds for redress.

12. The Finish

- 12.1. The start/finish line will be between an orange flag on the race committee signal vessel and an orange flag on the pin boat. However when a pin boat is not available, there will be an inflatable orange start/finish mark

13. Time Limits

- 13.1. The target time for the first boat to sail the course and finish is 20 minutes.
- 13.2. Boats failing to finish within 10 minutes after the first boat in the fleet that sails the course and finishes will be scored DNF without a hearing. This changes RRS 35.

14. Scoring

- 14.1. One race completed will be considered a regatta.
- 14.2. When fewer than six races have been completed, a boat's series score will be the total of her race scores. When six or more races have been completed, a boat's series score will be the total of her race scores excluding her worst score.
- 14.3. The boat with the lowest series score wins and others shall be ranked accordingly. This is the Low Point System.
- 14.4. A boat that did not start, did not sail the course, did not finish, retired or was disqualified shall be scored points for the finishing place one more than the number of boats entered in the series.

15. Safety

- 15.1. Boats shall check in at the committee signal boat and receive acknowledgment prior to their first race of the day.
- 15.2. A boat that retires from a race shall notify the race committee as soon as possible.

16. Insurance

- 16.1. Each participating boat shall be insured with valid third-party liability insurance.

17. Prizes

- 17.1. Prizes will be awarded to the 1st, 2nd, and 3rd place of each fleet. A minimum of 4 boats is required to be considered a fleet..

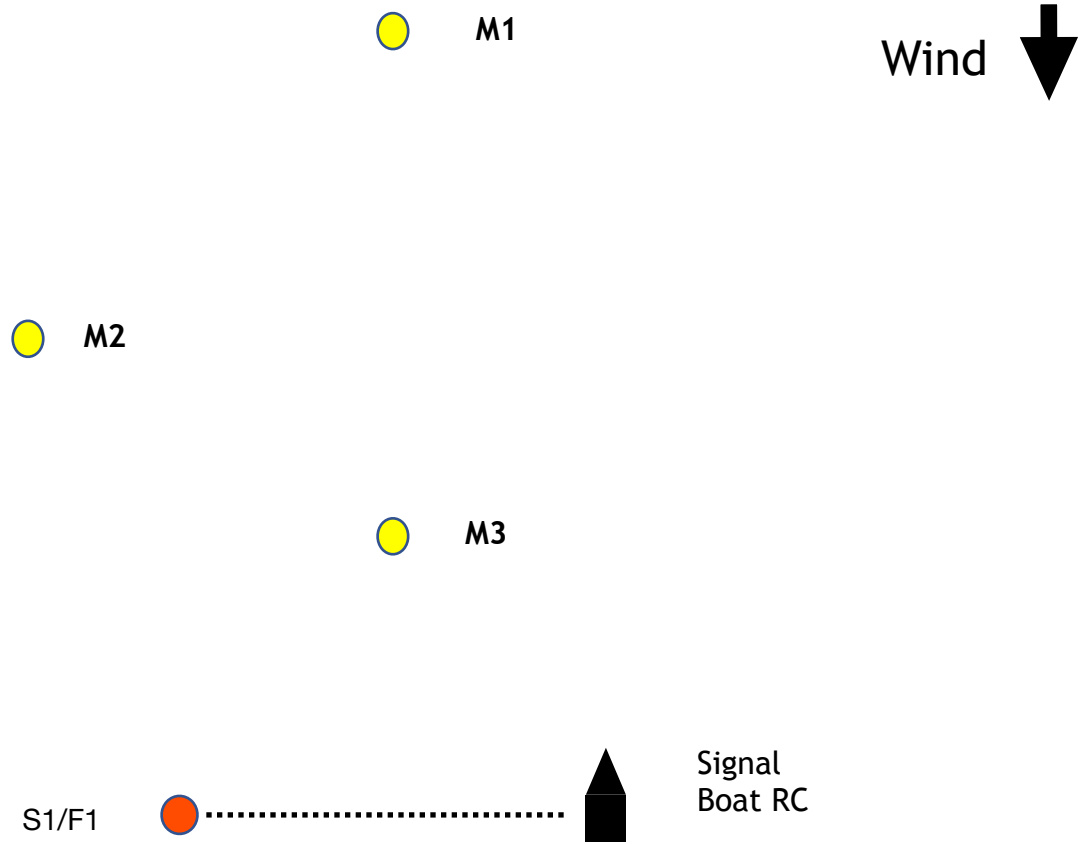
18. Disclaimer of Liability & Risk Statement

- 18.1. Competitors participate in the regatta entirely at their own risk. See RRS Rule 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.
- 18.2. RRS Rule 3 states: 'The responsibility for a boat's decision to participate in a race or to continue to race is hers alone.' By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury. Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia or other causes.
10.2
- 18.3. Competitors voluntarily assume the risks associated with communicable diseases including, but not limited to, COVID-19.

19. Event Officials

- 19.1. Guillermo Gasperi, DPRO and Safety Officer, info@seamasterspty.com , +507-6607-241
- 19.2. Ian McClelland, PRO, ian.m.mcclelland2013@gmail.com , +507 6829-3704

Attachment A - Course Layout



Mark	Description
M1	Yellow inflatable -
M2	Yellow inflatable -
M3	Yellow inflatable -
S1/F1	Orange Inflatable - Pin end start/finish line
(p)	Port rounding
(s)	Starboard rounding
Course	Roundings
1	S/F - M1(p) - M2(p) - M3(s) - S/F
2	S/F - M1(p) - M2(p) - M3(p) - M1(p) - S/F